

## Spring Mill State Park

### 5 & 10km, Mitchell, IN

January 1, 2023 - December 31, 2023

Start: Spring Mill Park Office

State Road 60, Mitchell, IN 47446

Walk daylight hours; park open all year.

### Trail Description:

The trail is rated 3C on a scale of 1 to 5 with 1 being the easiest. This 10km walk follows established shaded trails consisting of paved, natural and some rocky terrain. Walkers will pass through an old growth forest, restored pioneer village, passes caves, streams and around a lake. The trail is not acceptable for strollers, wagons or wheelchairs. Dogs are not allowed in the pioneer village, but an alternate route is provided on directions to bypass village. Water & restrooms are available at the starting point and at the nature center and in summer months in the village, but we suggest carrying water.

### Fee and Award:

The award is a 2 1/4 inch die cast medal.

Individual State Park bars can be linked to form a chain.

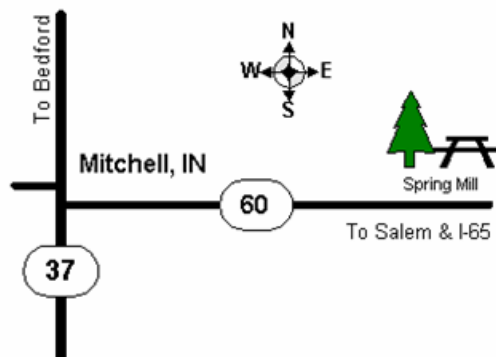
"A" Award & Credit	\$16.00
Park Bar & Credit	\$8.00
Credit Only	\$3.00

The event is free to persons who wish to participate without an award or IVV credit.

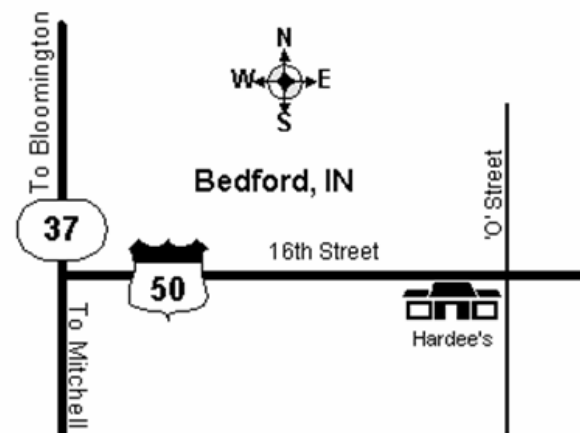
There will be no refunds. The Park entrance fee \$7.00 for IN residents and \$9.00 for out-of-state license plates.

**Spring Mill SP Special Events:** Walking with Veterans, Walking the USA A-Z, and Par for the Course.

**Spring Mill Park YR Directions:** From the north and south take SR 37 to 60E Junction S of Mitchell. Follow 60E 3.4 miles to Park Entrance on left. From the west: Take 37 N or S to 60E Junction S of Mitchell and follow above directions. From the east: Take 60W (exit 7 on I-65) to Salem. The Park Entrance is 19 miles W of Salem on right.



**Limestone YR Directions:** From the north or south: Take SR 37 to US 50 East. Go east on US 50 (16th Street) to "O" Street. The Start/Finish will be at Hardees at the corner of 16th and "O". From the east or west: Take US 50 (16th Street) to Hardees at 16th and "O" Street.



## Limestone Walk

### 5 & 10km, Bedford, IN

January 1, 2023-December 31, 2023

Start: Hardees' Restaurant located at 1510

E. 16th Street, (U.S. 50) and "O" Street.

Hardees has varied hours due to staffing shortages but you can also sign up on line on the AVA website. Please walk in daylight hours.

### Trail Description:

The walk is rated 2B on a scale of 1 to 5 with 1 being the easiest. The walk features many limestone structures, monuments and takes in lovely period homes. Water and restroom are available at the start/finish area, and at the library. Pets are allowed on a leash except in the cemeteries.

### Fee:

The fee for IVV Credit is \$3.00. The event is free to persons who wish to walk without IVV credit. There will be no refunds.

### Contact:

Teena Ligman  
648 Vinegar Hill Road  
Bedford, IN 47421  
[tdligman@att.net](mailto:tdligman@att.net) 1-812-278-0139

### Our website is:

[www.bedfordhikingclub.com](http://www.bedfordhikingclub.com)

**Limestone Walk Special Events:** Rails to Trails, Walking with American Veterans, Little Free Libraries (Park Office), Par for the Course, Town and City Halls, and Walking the USA.

**A Volksmarch** is a non-competitive walk along a pre-determined route, generally 10 kilometers (6.25 miles in length). The participant can travel at their own pace making it an excellent recreational activity.

### Disclaimer:

The sponsors of these events are not liable for accidents, theft or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

### Registration and Start Cards:

These events are open to everyone. This is a self-registration event. Register on line or follow the instructions in the box to register and participate in this event. If walking for credit you must fill out an envelope and if purchasing an award indicated what you are paying for and put your money in the envelopes and put the envelope in the slot in the walk box. Children under 12 must be accompanied by an adult, and pets must be on a leash. Pets are not allowed in designated areas of each trail but walk arounds are provided. Please keep the trail free from litter. By registering for this event, the participant agrees to these conditions.

### Contact: Teena Ligman

648 Vinegar Hill Road  
Bedford, IN 47421

1-812-278-0139 [tdligman@att.net](mailto:tdligman@att.net)

Bedford Hiking Club  
110 Old Turnpike Road  
Bedford, IN 47421

## Bedford Hiking Club

AVA #0453 Presents

2023

### Two Year-Round Volkswalks

#### SPRING MILL STATE PARK

5 and 10km walk

Mitchell, IN

MA2023/122612 - Y1325



### BEDFORD LIMESTONE WALK

5 and 10km walk

Bedford, IN

MA2023/122609 - Y1127

These events are sanctioned by the Bedford Hiking Club, the Internationaler Volkssportverband (IVV) and the American Volkssport Association (AVA), America's Walking Club. Eligible for IVV credit.



**AMERICA'S  
WALKING CLUB**  
— ESTABLISHED 1976 —

INVA #889 (SMSP) and 890 (Limestone Walk)

