



# Bedford Hiking Club

AVA #0453 Presents

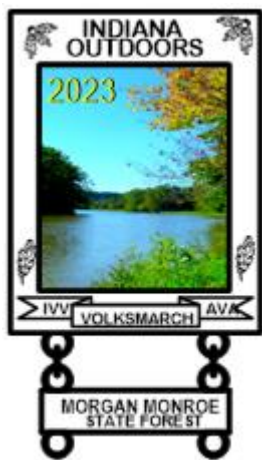
## Morgan Monroe State Forest Volkswalk

April 15, 2023

START TIME: 9-12AM, FINISH BY 3PM

5 and 10km walk

Bloomington, IN



MA2023/xx - Yxx

Walk weaves through the State Forest on both dirt and paved trails through a variety of forest types. Enjoy this wooded walk through southern Indiana's rolling hills.

Trail Rating 2B --INVA #893



**VOLKSWALK:** A Volkswalk is literally a "Folks walk." The sport began in Germany and allows people to participate at their own pace with family or friends over a marked course, usually 10 kilometers (6.2 miles). The purpose of Volkswalks

is to encourage physical fitness, promote camaraderie and to enjoy the outdoors.

**REGISTRATION AND FEES:** The events are open to all and everyone is welcome to walk for free. The fee for IVV credit only is \$3.00. A Park Bar and IVV credit is \$8, and the Park Bar, pewter medal to which the bar attaches, and credit is \$16. There will be no refund for any reason.

**START TIME:** Walkers can check in between 9AM and Noon. Walkers should plan to complete the walk by 3PM.

**TRAIL DESCRIPTION:** The walk is a 10K or 5K walk through the state forest. Some of the trail is paved but most is dirt. It includes the Sweedy Hollow Nature Preserve. There are short stretches of steeper tread but most is fairly level.

**INFORMATION:** For additional information contact Teena Ligman at 812-278-0139 (email [tdligman@att.net](mailto:tdligman@att.net))

**DIRECTIONS:** From 69/37 take Liberty Church Road from the north, or Sample Road from the south. Follow the signs to the Main Forest Road and Walls Shelter House.

