

Spring Mill State Park

5 & 10KM, Mitchell, IN

January 1, 2020 - December 31, 2020

Start: Spring Mill Inn (lobby desk)

State Road 60, Mitchell, IN 47446

Walk daylight hours; park open all year.

Trail Description:

The trail is rated 3C on a scale of 1 to 5 with 1 being the easiest. This 10k walk follows established shaded trails consisting of paved, natural and some rocky terrain. Walkers will pass through an old growth forest, restored pioneer village, passes caves, streams and around a lake. The trail is not acceptable for strollers, wagons or wheelchairs. Dogs are not allowed in the pioneer village, but an alternate route is provided on directions to bypass village. Water & restrooms are available at the starting point and in summer months in the village, but we suggest carrying water.

Fee and Award:

The award is a 2 1/4 inch die cast medal.

Individual State Park bars can be linked to form a chain.

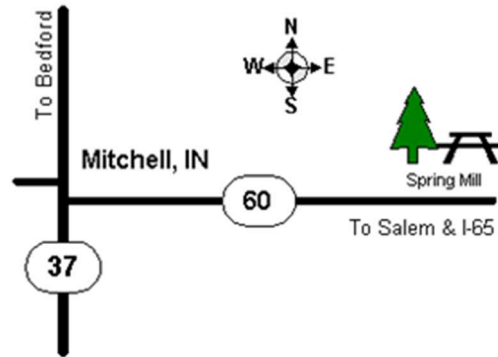
"A" Award & Credit	\$15.00
Park Bar & Credit	10.00
Credit Only	3.00

The event is free to persons who wish to participate without an award or IVV credit.

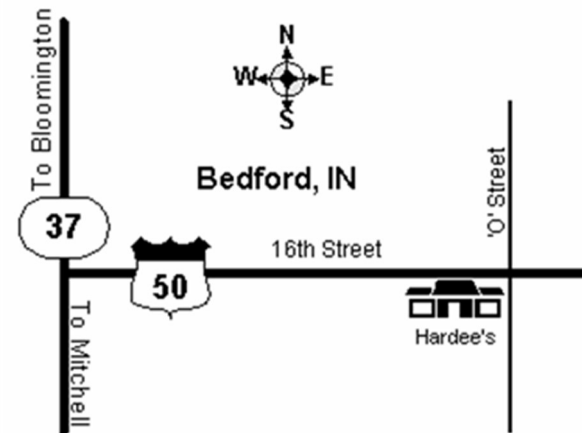
There will be no refunds. The Park entrance fee \$7.00 for IN residents and \$9.00 for out-of-state license plates.

Special Events: Walking the USA and Little Free Libraries.

Spring Mill Park YR Directions: From the north and south take SR 37 to 60E Junction S of Mitchell. Follow 60E 3.4 miles to Park Entrance on left. From the west: take 37 N or S to 60E Junction S of Mitchell and follow above directions. From the east take 60W (exit 7 on I-65) to Salem. The Park Entrance is 19 miles W of Salem on right.



Limestone YR Directions: From the north or south, take SR 37 to US 50 East. Go east on US 50 (16th Street) to "O" Street. The Start/Finish will be at Hardees at the corner of 16th and "O". From the east or west, Take US 50 (16th Street) to Hardees at 16th and "O" Street.



Bedford, IN

January 1, 2020–December 31, 2020

Start: Hardees' located at 1510

E. 16th Street, (U.S. 50) and "O" Street.

Hardees is open from 5 a.m. to 11 p.m. and

closed Christmas Day. Please walk in

daylight hours.

Trail Description:

The walk is rated 2B on a scale of 1 to 5 with 1 being the easiest. The walk features many limestone structures, monuments and takes in lovely period homes. Water and restroom are available at the start/finish area, in the park, and at the library. Pets are allowed on a leash.

Fee:

The fee for IVV Credit-Only is \$3.00. The event is free to persons who wish to walk without IVV credit. There will be no refunds.

Contact:

Teena Ligman

648 Vinegar Hill Road

Bedford, IN 47421

tdligman@att.net 1-812-278-0139

Our website is:

www.bedfordhikingclub.com

Special Events: Little Free Libraries (Park Office) and Walking the USA

A Volksmarch is a non-competitive walk along a pre-determined route, generally 10 kilometers (6.25 miles in length). The participant can travel at their own pace making it an excellent recreational activity.

Disclaimer:

The sponsors of these events are not liable for accidents, theft or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

Registration and Start Cards:

These events are open to everyone. This is a self-registration event. Follow the instructions in the box to register and participate in this event. You must fill out a start card, and on completion of the walk, place the start card envelope and, if you are walking for credit or purchasing an award, your money in the slot in the walk box. Children under 12 must be accompanied by an adult, and pets must be on a leash. It is requested that participants keep the trail free from papers and other debris. By registering for this event, the participant agrees to these conditions.

Contact: Teena Ligman

648 Vinegar Hill Road
Bedford, IN 47421

1-812-278-0139 tdligman@att.net

Bedford Hiking Club
110 Old Turnpike Road
Bedford, IN 47421

Bedford Hiking Club

AVA #0453 Presents

2020

2 Year Round Volkswalks SPRING MILL STATE PARK

5k and 10k walk
Mitchell, IN
MA17/Y501



BEDFORD LIMESTONE WALK

5k and 10K walk
Bedford, IN
MA17/Y502

These events are sanctioned by the Bedford Hiking Club, the Internationaler Volkssportverband (IVV) and the American Volkssport Association (AVA), America's Walking Club. Eligible for IVV credit.



**AMERICA'S
WALKING CLUB**
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