

**What is a Volksmarch?** A volksmarch is an organized non-competitive walk that is enjoyed by people of all ages and abilities. It is not a contest but rather an activity where each participant completes the course at their own pace. The usual distance is 10 kilometers (6.2 miles) or 5 kilometers (3.1 miles) although events may differ slightly. An average walker would complete a 10K course in roughly 2 to 2.5 hours.

**Location?** The start/finish for both the 5 and 10K walks is at the White Oak Shelter House next to the Administrative Office at Jackson-Washington State Forest.

**Time?** You may register and begin the walk anytime between 9 am and 1 pm. (EST). You must finish the walk by 4 pm.

**Registration?** Everyone (including small children) must have a start card if they participate in the walk, even if they are walking free. Your card will be validated at the checkpoints along the route. Start cards must be turned in at the completion of the walk.

**Fees and Awards?** Everyone is welcome and the event is FREE. Those persons who walk for IVV credit the fee is \$3.00. If you wish to purchase the Indiana State Park main award the fee is \$15. For the site-specific metal bar the cost is \$10. The pair make a nice keepsake. Additional state property bars can be added.

This event counts toward IVV achievement awards. Special Programs that this volksmarch qualifies for are Bridges and Treasure Hunt.

**Conditions?** This event will be held rain or shine unless there are thunderstorms. Children under 12 must be with an adult. Pets are allowed but must be kept on a leash.

**Walk Description:** The trails are moderate to easy with a few steep stretches. These State Forest trails go along two lakes, and at one point cross a board walk through a marsh and along the shore of another lake. There are several bridges and the ridges are narrow with nice views of the valleys. In the 1930s a Civilian Conservation Corps camp was located in the Forest, and the remains of their camp are along the trail. A stone chimney is shown here. Walkers actually walk through the ruins of one of the buildings.



**Refreshments:** A light lunch of brats and “the fixins” will be served free of charge to those who participate in the volksmarch.

**Disclaimer:** The sponsors of this walk cannot be held responsible for accidents, thefts, material damage and/or injury. Every reasonable effort will be made to make the event safe and enjoyable. All participants are cautioned to take care and restrain pets and children. Pack out what you carry in. By registering for this event, the participant agrees to these conditions.

**WEBSITE:** [www.befordhikingclub.com](http://www.befordhikingclub.com)

**Information:**

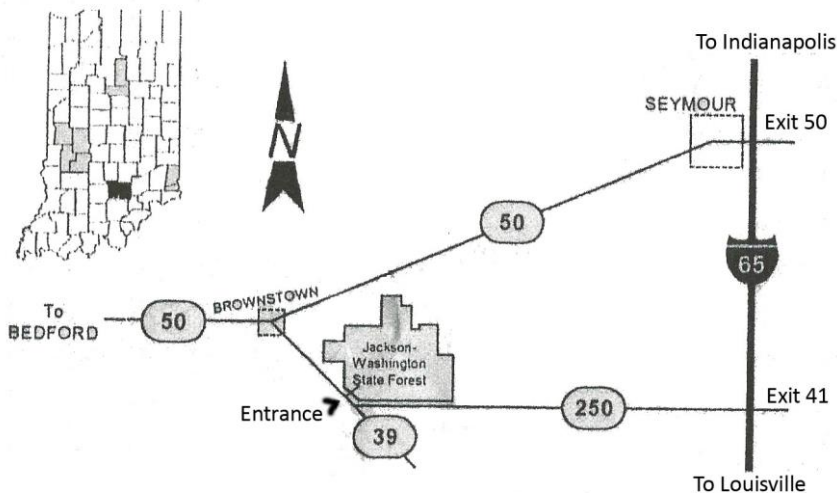
Teena Ligman, Bedford Hiking Club  
648 Vinegar Hill Road, Bedford, IN 47421  
(812) 278-0139  
[tdligman@att.net](mailto:tdligman@att.net)

For additional information on Indiana volkswalks go to:  
[invainformation@gmail.com](mailto:invainformation@gmail.com)

## Directions

**From the north or south,** take I-65 to exit #41. Go west on SR 250 (11.2 mile) to SR 39. Then go north on SR 39 (.3 mi) to the Jackson Washington State Forest main entrance. The Forest office in the historic barn on the right, and the starting location is the shelter house and parking area just past the office.

**From Bedford,** Take US 50 (16th Street) east to Brownstown, then south on SR 39 (2.2 mile) to the Jackson-Washington State Forest main entrance. The starting point is just past the Forest office on the right at the White Oak Shelter House.



Brats Lunch provided free for walkers!

Bedford Hiking Club also sponsors 2 Year-round walks; Spring Mill State Park (SP @ Inn) and Bedford Limestone Walk (SP @Hardees on 16<sup>th</sup> Street).

## Bedford Hiking Club

5 and 10K VOLSKMARCH

### Jackson-Washington State Forest



Start Location: White Oak Shelter, Next to Forest Office.

Start Time: 9 a.m. – 1 p.m. (EST)

Finish Time: Must be off the trail by 4 p.m.

Award: State Park/Forest metal photo award and/or name diecast metal name bar.

**Saturday, April 21, 2018**

Trail Rating: 3C

Special Events: Bridges and Treasure Hunt

This event is sanctioned by the AVA and IVV



**Eligible for credit toward IVV Achievement Awards**

INVA #615

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