

## Spring Mill State Park 5 & 10KM Mitchell, IN

January 1, 2018 - December 31, 2018

**Start:** Spring Mill Inn (lobby desk) State Road 60, Mitchell, IN 47446. Walk daylight hours; park open all year.

### Trail Description:

The trail is rated 3C on a scale of 1 to 5 with 1 being the easiest. This 10k walk follows established shaded trails consisting of paved, natural and some rocky terrain. Walkers will pass through a virgin forest, restored pioneer village, by caves, streams and around a lake. The trail is not acceptable for strollers, wagons or wheelchairs. Dogs are not allowed in the village, but an alternate route is provided on directions to bypass village. Water & restrooms are available at the starting point, but we suggest carrying water.

### Fee and Award:

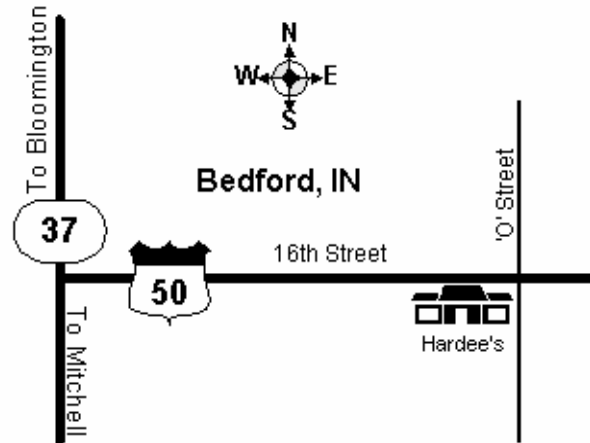
The award is a 2 1/4 inch die cast medal with a Featured State Park, to which additional State Park bars may be added to form a chain.

"A" Award & Credit	\$15.00
Spring Mill SP Bar & Credit	10.00
Credit Only	3.00

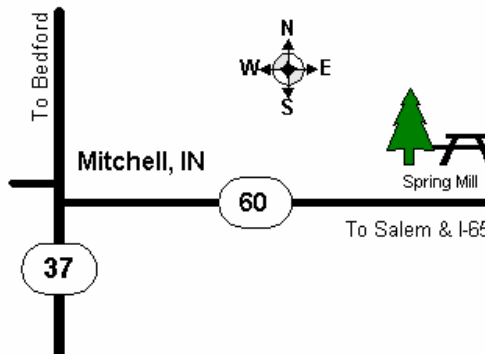
The event is free to persons who wish to participate without an award or IVV credit. There are no refunds. The Park entrance fee is \$7.00 for IN residents and \$9.00 for out-of-state license plates.

### Special Events:

Bridges, Spanning the USA; Treasure Hunt; Walking the USA A-Z



**Spring Mill Park YR Directions:** From the north and south take SR 37 to 60E junction S of Mitchell. Follow 60E 3.4 miles to Park Entrance on left. From the west: take 37 N or S to 60E Junction S of Mitchell and follow above directions. From the east take 60W (exit 7 on I-65) to Salem. The Park Entrance is 19 miles W of Salem on right



**Limestone YR Directions:** From the north or south, take SR 37 to US 50 East. Go east on US 50 (16th Street) to "O" Street. The Start/Finish will be at Hardees at the corner of 16th and "O". From the east or west, Take US 50 (16th Street) to Hardees at 16th and "O" Street.

## Limestone Walk 5 & 10KM Bedford, IN

January 1, 2018-December 31, 2018

**Start:** Hardees' located at 1510 E. 16th Street, (U.S. 50) and "O" Street. Hardees is open from 5 a.m. to 11 p.m. and closed Christmas Day. Walk daylight hours.

### Trail Description:

The walk is rated 2B on a scale of 1 to 5 with 1 being the easiest. The walk features many limestone structures, monuments and lovely historic homes. Water and restrooms are available at the start/finish area and in the park. Pets are allowed on a leash.

### Fee:

The fee for IVV Credit-Only is \$3.00. The event is free to persons who wish to participate without IVV credit. There are no refunds.

### Special Events:

Take a Walk in a City Park; Treasure Hunt; United States Post Offices; Walk the USA A-z

### Contact:

Teena Ligman  
648 Vinegar Hill Road  
Bedford, IN 47421  
812-278-0139; tdligman@att.net

Our website is: [www.bedfordhikingclub.com](http://www.bedfordhikingclub.com)

**A Volksmarch** is a non-competitive walk along a pre-determined route, generally 10 kilometers (6.25 miles in length). The participant can travel at his own pace making it an excellent recreational activity.

**Disclaimer:**

The sponsors of this event are not liable for accidents, theft or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**Registration and Start Cards:**

These events are open to everyone. This is a self-registration event. Follow the instruction in the box to register and participate in this event. You must fill out a start card. On completion of the walk, please place it and any money in the slot in the walk box.

Children under 12 must be accompanied by an adult and pets must be on a leash. It is requested that participants keep the trail free from papers and other debris. By registering for this event, the participant agrees to these conditions.

For more information go to Indiana Volkssport Association at: <http://avaclubs.org/INVA/>

**Bedford Hiking Club  
P.O. Box 1555  
Bedford, IN 47421**

**Bedford Hiking Club**

AVA # 453 Presents

2018

**2 Year Round Volkswalks  
SPRING MILL STATE PARK**

5k and 10k walk  
Mitchell, IN  
MA18/Y1325



**BEDFORD LIMESTONE WALK**

5k and 10K walk  
Bedford, IN  
MA18/Y1127

These events are sanctioned by AVA and IVV



Eligible for credit toward IVV Achievement Awards  
INVA#609